



Speaking workout

Potenziamento per la secondaria

Teacher's Guide

Speaking workout is a format of English lessons for boys and girls aged 11 to 14 y. o., which can be used both for Summer Camps and Workshops or during the year. The general aim of the lessons is to make the kids express themselves in English, using games and stimulating their creativity.

The lesson is entirely in English, with no translation. The teacher uses several props, body language, voice changes, flashcards and so on to make the students understand. Writing competitions, spelling games and storytelling offer the students the opportunity to develop all the ESL skills while reviewing grammar and syntax in a funny and interactive way.

Teachers can always adjust the lessons to their own personality and to the group of students, but the main points of the Lesson Plans should be maintained.

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Topics

- All about me
- My family
- Daily activities
- Hobbies and free time
- House and Furniture
- Food and Drink
- Clothes
- Places and building
- Days and dates
- Travel and transport
- Holidays

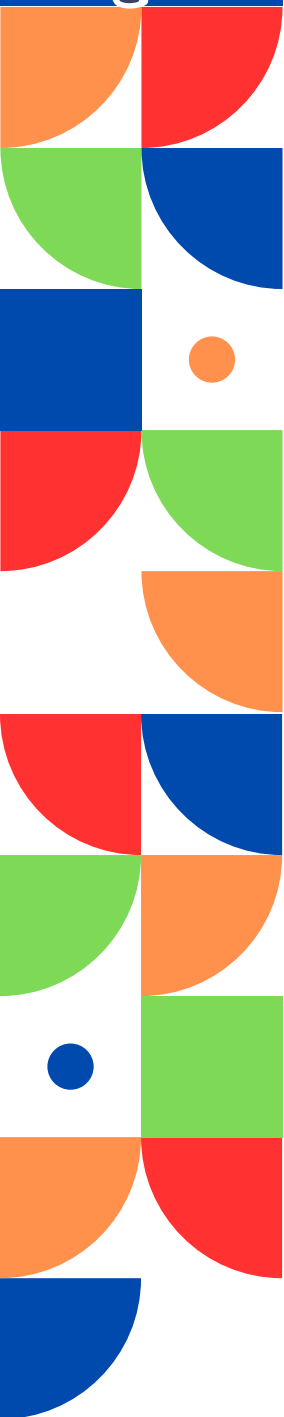


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Props and material

- All about me board game
- Describing people poster
- Guess Who poster
- Family scramble sheet
- The Royal Family
- The Family Tree Game
- The Family Crossword
- A day in the life of
- Daily Routine in space
- Mom's Busy Timetable
- Hobbies wordsearch
- Go Play Do
- Sports Boardgame
- At home crossword
- Who lives there
- Rooms and furniture





Lesson 1 - All about me Lesson Plan

Activity 1 - Introduce your self

Using a small foam ball, ask the children to introduce themselves, using simple sentences. "My name is XXX and I like (pizza, football, reading)..."

Activity 2 - Board Game - All about me

Show the board game file on the whiteboard

You throw the ball to a student and he/she will have to answer to the first question. Then he/she will throw the ball to a classmates who will have to answer. Make it fast.

Activity 3 - Describing people

Show the poster on the whiteboard, teach the vocabulary then ask the students to work in pair and write the description of their classmate. Then read the description and ask them to guess the described students.

Activity 4 - Grammar focus

Have got/Has got and interrogative form

Review the rules with some exercises

Activity 5 - Guess who

Show the Guess who poster on the whiteboard.

The teacher chooses a character and the students have to guess asking yes/no questions (e.g. had he/she got blond hair?) Give each student a chance to ask a question.





Lesson 2 - My Family lesson plan

Activity 1 - Family scramble challenge

Review the Family vocabulary first. Then show the Family scramble sheet on the whiteboard and ask them to unscramble as much words as they can in a given time.

Check the answer and see who's the winner.

Activity 2 - Grammar Focus

Saxon genitive. Review the rule

Activity 3 - The Royal Family Quiz

Using the Royal Family poster on the whiteboard, ask who is who in the Royal Family. (Who's Prince William's daughter? and so on)

Activity 4 - Family Tree Game

Split the class in 2 groups. Show the Family Tree on the whiteboard and then ask the teams to answer to the questions. Then check the answers and assign score to the teams.

Activity 5 - Exchanged Family Tree (Pair work)

In pair, each student try to complete his/her classmate Family Tree, asking questions.

Activity 6 - Family Crossword

Call them out on a volunteer basis and ask them to answer the hint and complete the crossword





Lesson 3 - Daily Activities lesson plan

Activity 1 - Daily routine in space

Watch the video "Daily routine in space", then check the student's comprehension. Show the "Daily routine in space" file on the whiteboard and ask them to answer

<https://www.youtube.com/watch?v=UOCcH2TbC9s>

Activity 2 - Grammar Focus

Present simple and present continuous

Activity 3 - A day in the life of

Split the students in 6 groups, assign a character to each group without revealing it to the others. Then ask them to write down the daily routing of their character. When every group is done, one representative of the group stands up and the other groups ask him about the routine. The first group guessing the character, gets a point. Then you proceed with another group

Activity 4 - Mom's Busy timetable

Show the Mom's busy schedule on the whiteboard and make them ask questions using Who, When, Where, What (e.g Who play tennis on wednesdays? Where does Jim go every Tuesday? and so on)

Activity 5 - LanguageCert test preparation

Reading preparation. Go through part 1 and 2 of the test and then correct it together

Activity 6 - My Friend's Daily Routine

Work in pair. Ask them to work in pair and ask each other their daily routine, then ask each of them to describe the classmate routine using the 3rd person.



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Day 4 - My Hobbies Lesson Plan

Activity 1 - Hobbies wordsearch

Showing the Hobbies wordsearch file, give the students 5 minutes to find all the words

Activity 2 - Grammar Focus

Like, dislike + ing form

Like, dislike + noun

Activity 3 - Name 3 things

By turn, ask the students to name 3 things they like, 3 things they don't mind, 3 things they hate. Make it fast, if they can't say the 3 things they miss the turn and you go to the following student.

Activity 4 - My hobbies interview

Ask the students to go around and ask their classmates about their hobbies. Give them enough time to ask all their classmates, Then ask questions: what does the majority like doing? How many people like playing an instrument? Does anyone like skating? and so on

Activity 5 - Grammar Focus

Go, Play, Do when to use them

Activity 6 - Go Play and Do file

Activity 7 - Sport board game

Using an online dice, move on the board and ask the student to choose which verb to use with the sport

Activity 8 - LanguageCert test preparation

Reading preparation. Go through part 1 and 2 of the test and then correct it together





Day 6 - Food and Drink

Activity 1 - Food wordsearch

Showing the Food wordsearch, ask the students to find as much food words as possible in 5 minutes.

Activity 2 - Food pyramid

Showing the file Food pyramid, ask the students what they usually eat, their favourite food, and ask them to write an healthy menu

Activity 3 - Food Idiom board game

Split the students in 3-4 groups. Show the Boardgame on the whiteboard and play asking the students to guess the meaning of the idioms. Use an online dice. They can advance only if they guess the meaning

Activity 4 - Containers and Amounts

Using the file Containers and Amounts you ask the children to guess the correct container for each type of food

Activity 5 - Grammar focus

Much/many - Countable and Uncountable nouns
Using the Countable file, review or introduce the topic

Activity 6 - Making a carbonara video

Split the students in 3-4 groups. Watch the video and then ask them to write down the recipe. Then correct it

Activity 7 - LanguageCert test preparation

Writing preparation





Day 8 - Places and buildings

Activity 1 - Prepositions of place review

Showing the Preposition review file on the whiteboard, ask the students to indicate the correct preposition

Activity 2- Preposition Drawing dictation

Using the **Draw the preposition activity file** as template, split the students in 2 teams, call a representative of each team at the blackboard and dictate the clue, asking them to draw following the instructions. The team which draw it faster and without mistakes, score one point.

Activity 3 - Grammar focus AT, ON, IN

Showing the file **Preposition preferences**, review the rules for AT, ON, IN. Ask the students to fill the worksheet in and then check the answers.

Activity 4 - Positions and directions

Showing the file **Compass direction file**, ask the students how to get to a specific city place (how many squares to the Left and so on)
Instead of North, South, East, West you can use Left, Right, Straight forwards, Pass by

Activity 5 - I spy prepositions

Using the **I spy prepositions at the restaurant** file page 1 at the whiteboard, ask the students to write down a descriptions of the scene and ask them to read, correcting the mistakes, if any. Then show them the page 2 and ask them to answer by turn

Activity 6 - Guess the City place

Showing the Where I am file, ask the students to guess the city place or shop.

Activity 7 - LanguageCert test preparation

Writing preparation





Day 9 - Days, dates and numbers

Activity 1 - Why numbers are important

Ask the students to write all the field where we use numbers (money, dates, measurement, phone numbers, time and so on)

Activity 2- Drawing the time

Using the **Drawing the time file** call out the students in turns and ask them to fill the time in accordingly to the instructions

Activity 3 - BIG NUMBERS - Numbers review

Showing the file **Big numbers**, ask the kids to read or write the numbers. Review the rules for numbers (decimal and thousand symbols, ordinal numbers review, date order in UK and USA) Difference between “**point**”, “**full stop**” and “**dot**”

Activity 4 - Check your change

Showing the file **Check your change**, split the students in 2 teams and ask them to write if the change is correct or no. Then call out a member of each team by turn and ask them to read the quantity of money given and received and to make the sum.

Activity 5 - Money idioms quiz

Using the **Money idioms quiz** ask the students to guess the correct answer

Activity 6 - Date and numbers dictation

Dictate numbers and dates and check the results

Activity 7 - LanguageCert test preparation Speaking preparation in pair





Day 10 - Travel and transportation

Activity 1 - Traveling worksheet

Using the **Traveling worksheet**, ask the the children to complete the different tasls

Activity 2- Country, capital, language, inhabitants

Sow the **Country, capital, language, continent** file and ask the student to replicate it on their notebooks. Then use the **Alphabet wheel** to choose a letter randomly and ask them to fill the sheet with a country starting with the hit letter and add the relevant information (the city, language and so no DO NOT need to start with the given letter). Give them 2-3 min for each letter.

Activity 3 - PHRASAL VERBS for TRAVELS

Introduce or review the concept of phrasal verbs

Then show the file **Phrasal verbs for travels and** ask the kids fill it in.

Activity 4 - Speaking about countries

Split the students in pairs and assign one of the cards to each pair. Ask them to study it for 5 minutes and then call out each pair by turn. The other teams need to ask YES/NO questions trying to guess the country.

Activity 5 - LanguageCert test preparation



