

# Clothes Around the World

People around the world wear different clothes depending on where they live, the weather, and their culture. Some places have warm weather all year, while others have cold winters and warmer summers, so people dress according to what the weather is like throughout the year. Let's explore what people in some countries wear every day and how they change their clothes with the seasons!

## Ireland

In Ireland, the weather is often cool and rainy, so people usually wear warm clothes like sweaters, jackets, and jeans. During the winter, people layer up with coats, scarves, and gloves to keep warm. In the summer, when it's a bit warmer, people wear lighter clothes like t-shirts and light sweaters, but they still often carry a raincoat - just in case!



## India

In India, the weather can be very hot, especially in the summer, so people wear light and airy clothes to stay cool. Women often wear sarees, which are long pieces of colourful cloth wrapped around the body, and men might wear loose pants called dhotis or long shirts called kurtas.



## Japan

In Japan, people wear clothes that are a mix of modern and traditional styles. On a typical day, they wear jeans, t-shirts, and sneakers, just like children in many other places. During the summer, it can get hot and humid, so people wear lighter fabrics like cotton and linen. In the winter, especially in northern Japan, it gets very cold, so people wear thick coats, scarves, and gloves. For special occasions, they might wear kimonos, which are beautiful robes with wide sleeves and colourful designs. Kimonos are usually worn during holidays, weddings or festivals.



# Clothes Around the World Lesson Plan

## Mexico

In Mexico, the weather is warm most of the year, so people wear light and comfortable clothes like t-shirts, shorts, and dresses. During the hot summer months, people often wear sandals and hats to keep cool. In the cooler months, people might wear jackets and long pants. For special events, people might wear traditional clothing like the huipil, a colourful tunic, or the sombrero, a wide-brimmed hat that protects them from the sun. Mexican clothes are known for their bright colours and fun patterns, which reflect the country's lively culture.



## South Africa

In South Africa, the weather varies greatly depending on where people live. In warm areas, especially during the summer, people wear t-shirts, shorts, and sandals to stay cool. In cooler places or during the winter, they put on jackets, sweaters, and long pants. South Africa is very diverse, so you might see people wearing modern clothes, as well as traditional outfits like the shweshwe dress, which is covered in bright patterns and is often worn for special occasions. Seasonal clothing can differ a lot, with people in the mountains dressing warmly in winter, while those near the coast might wear lighter clothes year-round.



"African\_woman\_purple\_dress.jpg" by Noura Alswaleem is licensed under CC BY 3.0





# Clothes Around the World Lesson Plan

## Questions:

1. What kind of clothes do people in Ireland wear?

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2. Why do people in India wear light and airy clothes, especially in the summer?

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3. What do people in India wear during the cooler months to stay warm?

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4. When do people in Japan wear kimonos?

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5. What kinds of clothes are common in Mexico during the hot summer months?

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6. What is a sombrero?

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## Clothes Around the World Lesson Plan

7. What clothes do people wear in South Africa?

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8. What clothes do people wear in South Africa?

1. 

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2. 

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3. 

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